

Life can be tricky.

Getting support doesn't have to be.



Get counseling, consultations or referrals through your Employee Assistance Program (EAP) to:

- Reduce stress
- Adjust to a life change
- Improve relationships
- Lead others
- Care for loved ones
- Navigate the legal system
- Balance finances
- Live healthier



YOUR COMPANY CODE

eap.ndbh.com | 800-624-5544

A no cost benefit for you and your household members

